





ISSUE #42 **VOL 11-06** November 2006

A Publication of News and Events

CELEBRATING THREE YEARS OF CONTINUOUS MONTHLY PUBLICATION

Current & Back Issues Available in Color at www.trappemd.net

The only place success comes before work is in the dictionary. Vince Lombardi

Here are many persons ready to do what is right because in their hearts they know it is right. But they hesitate, waiting for the other fellow to make the first move— and he, in turn, waits for you. **Marian Anderson**

I love those dear hearts and gentle people, Who live in my home town, Because those dear hearts and gentle people, Will never let you down. Bob Hilliard & Sammy Fain (Recorded by Dinah Shore, 1949 & performed by Ellery Adams & Rescue Team at Trappe-toberfest)



Terrific
Trappe-toberfest

Many thanks to everyone who helped make the First Annual Trappe-toberfest a HUGE SUCCESS!

Thank you to Event Chairpersons Brenda Handleman & Joedy Cecil, the Trappe-toberfest Planning Committee, and local businesses & individuals who supported the festival. Thanks also to all who had yard sales, set up vendor booths, and provided the deli-

cious food. The wonderful entertainers topped off the day with music of all kinds, from Scotts UMC Gospel Choir, Ellery Adams & Rescue Team, Curtis Thume, and Mike Elzey's Guitar Studio.

Disposable cameras for Trappe Through the Eyes of a Child, a Children's Photography Exhibit were donated by Wal-Mart, Walgreens, Food Lion, and Giant Food. Thanks to Bonnie Howell for judging the Trappe Plein Air Paint Out, Lin Layton for judging the children's photo exhibit, and WCEM Radio, Cheryl Lewis & Mike Elzey Guitar Studio for the great radio spots. Appreciation to the Rural Life Museum for their popular display of Trappe memorabilia, Barry Sparks for signing copies of his biography of Trappe's favorite son, titled Frank "Home Run" Baker: Hall of Famer and World Series Hero, and the Maryland Park Service Scales & Tales program. A special thank you to the Talbot County Arts Council, which supported the event with a \$500 matching grant. In an attempt not to leave anyone out... Thank you to Jimmie Randall, Paul Blades, Gene Blades, Carol Mullins, Dickie Hargiss, Mary Danes, Don English, Frank Hall, Typhannie Hall, Sonny Diefenderfer, Lou Diefenderfer, Bobby & Shirley Quidas, Johnny Foster, Margie Daniels, Chris Routzahn, Barbara Coleman, Lois MacDonald, Jeanie George, Trappe Fire Company, Lynn Harris, Brenda Tighe, Danny McCracken, 7 Sister Quilters, Seasonal Flowers, Ann Dorbin, Cheryl Lewis, Terry Shockley, Little League, Danielle & Micha Risher Family, Donna Carpenter, Diane Thomas, Jo Ann & Tommy Gay, Charles and Mary Rae Adams, Republican Headquarters, Valerie Phelps, Betsy Willey - Grandparent's White Marsh School Club, Chip & Mary Wilson, Nancy Bowles, Donnie Satchell, Mrs. Morgan, Shirley Jackson, Donations for Art Exhibits, Paris Foods, Robert Rauch & Assoc. Inc., Unicorn Book Store, Vestry White Marsh Parish, Paragon Light, Better Homes Company and anyone who we may have overlooked. It takes a community to have a good festival and the community came through!

Very special thanks to Mary Getsinger, coordinator of the Trappe Plein Air Paint Out. The winners of the Paint Out were: Professional Category: Carla Huber, Sarah Stolte, and Diane Mulready Amateur Category: Margaret Welch WINNING PAINTINGS WILL BE DISPLAYED AT MITCHUM'S MARKET

The Index is a publication of the Trappe Town Council. We welcome contributions and short articles that are of general interest to the community. Events reported in The Index do not necessarily reflect the endorsement of the Town Commissioners. The Commissioners reserve the right to edit or reject any item submitted. Articles and photographs published in The Index are protected under U.S. Copyright Law and cannot be reproduced without express written permission.



NEWS FROM TOWN HALL



Town Meetings and Planning Commission Meetings are open to the public. Citizens are encouraged to attend to be informed and give input. Meeting agendas are posted outside Town Hall every Friday, and items are added as requested (which can be as late as Wednesday morning) and re-posted with each change. An early agenda is posted on the Town website, but may not always include the latest changes. Stop by the Town Hall on Wednesday evenings and learn first-hand about the many happenings in our town. For more information, call the Town Clerk at 410.476.3170.

- Town Meetings are held the first Wednesday of every month at 7:30 pm
- Planning Commission Meetings are held on the 3rd Wednesday of each month at 7:30 pm
- Public Hearings, Public Workshops, Special Appeals Hearings, etc. are scheduled as needed, and are often held prior to regular meetings shown above

Ordinance 8-2006 & Ordinance 9-2006: Community Block Grant, Bramble Property, 3816 Ocean Gateway The Town has re-



ceived approval for a Community Development Block Grant (CDBG) in the amount of \$235,000 through the Maryland Dept. of Housing & Development. This grant would allow the Town to procure the property for a future undetermined town use. The total cost of the property is \$300,000 plus settlement costs. The CDBG program included funding for clearing and cleanup of the property, but requires that it remain in "open space" for seven years after purchase, unless an alternate use is approved by the CDBG program. If the Town purchases the property using these grant funds, a cash match would be required. The approximate combined total of proposed state funding and matching funds is \$352,670 (\$235,000 grant + \$117,670 matching town funds). This cost estimate includes the purchase of the property, demolition of the building, and cleanup of debris materials. Matching funds are applied only to procurement and the state funds 100% of physical and environmental clean up of the existing site. To date, the Town Council has authorized the grant application and introduced legislation to use an existing line of credit to pay for the matching funds. It is feasible that the property could be acquired in the next several months, with demolition and clean up to be completed by the end of the year. Ordinance 8-2006 authorizes the use of an

existing Line of Credit to purchase this property; Ordinance 9-2006 authorizes the Town to purchase the property and gives the Town Council President authority to sign purchase documents.

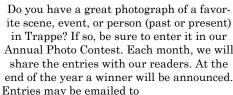
PUBLIC HEARINGS will be held November 1, 2006 AND December 6, 2006 at 7:15 p.m. in the Town Hall

Introduction of Ordinance 10-2006: Police Chief Ordinance

The Developer's Rights & Responsibility Agreement (DRRA) for the Lakeside Development requires the developer to fund a police officer for three years (including salary, vehicle, communication system, etc.), beginning at groundbreaking of the project. However, the developer has agreed to start the department earlier, as the Town has the opportunity to hire former candidate for Talbot County Sherriff in the Republican primary, at a salary of \$60,000 per year. Prior to introducing the ordinance, the Town Attorney advised the Town Council that they may legally fill the position via ordinance. Citing several recent unlawful incidents, President Cheryl Lewis stated that she strongly believes the town needs the authority to enforce the law. Although he voted in favor of bringing the ordinance to vote at the November Town Meeting, and stressed that he has no objection to Mr. Ball personally, Commissioner Walter Chase voiced objections to the specific process through which Ball was considered for the position. The Town Council will render a final vote at the November Town Meeting on November 1, 2006.

ANNOUNCING THE 2nd ANNUAL PHOTO CONTEST

Sponsored by THE INDEX



trappeindex@verizon.net or dropped off at the Town Office.

OCTOBER WINNER ~ By: Allen Keyser

Editor's Choice from Trappe Through the Eyes of a Child, a Children's Photography Exhibit

Waterman at Trappe Landing, LaTrappe Creek

Disclaimer: In submitting a photo entry, you grant *The Index* the right to use the image in Town publications. Winning photographs will be published in *The Index* and may be displayed on Town Web site. Entrants are responsible for obtaining photo-release permission from subjects shown in submitted photographs, including the permission of parents for children under age 18.





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Researched, Written and Compiled by: Ann Dorbin Photography: Ann Dorbin

Editing & Design: Cheryl Lewis Publishing & Distribution: Town Hall Staff & Community Volunteers Submissions are welcome & may be dropped off at the Town Hall or sent to: Ann Dorbin, PO Box 10, Trappe MD 21673 or trappe

Winners of the *Trappe-toberFest* Coloring Contest sponsored by the Trappe Brownie Troop 929 (We would like to thank all of the children who participated and submitted their wonderful artwork. Also, a special thank-you to Mary Getsinger for procuring donations of great prizes):

NeatestOriginalityMost ColorfulPre-K- 1stGrant FosterKatherine BallMichael Greene2nd-3rdBrooke MunizLanie CarvajalJacqueline Baynard4th-5thSpencer KessingerKatie ClaggettRobbie Greenwood

What people are saying about Trappe-toberfest

The festival was *great fun!* We even made a few dollars on the chili and yard sale. It was great to meet my neighbors! Thanks to everyone's organization efforts. It really went well!

Lynne Harris, Healthy Culinary Connections, Main Street

I was overwhelmed at the people: who they were; the general good humor everyone exhibited; plus we made a bunch of money we didn't expect to make on sales of breakfast, scarecrows (and we were paid for twice as many as we had actually made!), and several hundred dollars on the Martha's Closet Yard Sale . . . and we gave away a bunch of clothes from the sale. All in all, a very fun day—and we never made it off the church property! Thanks to all who made it a great day.
Pastor Cindy Burkert, TUMC



The Trappe Volunteer Fire Company members would like to thank everyone that stopped by the fire house during our Open House. I would also like to thank the members that helped make this day a success! Especially Smokey the Bear and Toby Talbot. Thank you to those that donated cakes for our cake wheel

Trappe-toberfest was wonderful. Can't wait until next year!

Rose Palombo

The Trappe-toberfest has come and gone but happy memories linger. Thanks to Rosalie Hemming for the great face painting!

Our gallery of shops included a Christmas Attic, refreshments & preschool Plant Sale and book give-a-way. The Preschool scholarship fund was the beneficiary of the plant sale. All up and down Main Street (and beyond), yard sales and crafts were on display. Various interest groups were there to inform and answer questions. And of course there was a lot of food! It was impressive to see so many people walking up the street and interacting in this small town fall festival. It was heartening to see St. Paul's right in the middle of it!

St. Paul's Episcopal Church







FROM THE TOWN CLERK:

As leaves begin to fall, please be reminded of the Town's Burning Regulations, which require that - All burning in the Town of Trappe shall be conducted in daylight hours but not before 4:00 p.m. - All fires must be extinguished before sundown. - Wind speed must be under 10 mph - Fire Hazard Class 1, 2, or 3 (as determined by the Fire Department) - An adult age 21 or over must be in attendance in the immediate area during the entire duration of the fire. - Fires may be no closer than 25 feet from any building or other structure and at least 15 feet from any fence and not less than 10 feet must be cleared around the perimeter of the fire area. - No structure may be burned without obtaining a permit from the Trappe Fire Department - If a fire or smoke becomes offensive or dangerous to surrounding property, the Trappe Fire Department shall have the authority to extinguish said fire.

For more information or to read the regulations in their entirety, please visit or call the Town Office REMEMBER: leaves make an excellent mulch or addition to your compost pile.

- e
- The Town Office will be CLOSED Tuesday, November 7th for <u>Election Day</u> AND Friday, November 10th for <u>Veterans Day</u>., and November 23rd & 24th for <u>Thanksgiving Holiday</u>.
- The "100 Things to Love About Trappe" list compiled by citizens and friends of Trappe is now available in a 16X20 poster, suitable for framing. Available at the Town Hall for \$20.
- Easton landfill will hold a FREE HAZARDOUS HOUSEHOLD WASTE, MERCURY THERMOMETER & ELECTRONICS DISPOSAL DAY on November 4th from 8:00 a.m. to 4:00 p.m. For more information about what is and is not accepted, help with large loads, and recycling, call 410.820.8383 or 410.758.6605 or visit www.midshorerecycling.org
- WE ARE PREPARING OUR HOLIDAY DECORATIONS FOR HANGING: Anyone interested in volunteering to help with any part of our decorating should contact Joedy Cecil at 410-476-3170.

FOR SALE: All proceeds benefit the Town of Trappe Holiday Decoration Fund

TRAPPE POTTERY

Beautiful, ceramic pottery pieces of all kinds ~ Ovenproof, Microwavable, Dishwasher-safe Many pieces to choose from ~ including commemorative designs for Town churches

Perfect gifts for holidays, birthdays, weddings, anniversaries, housewarmings, collectors § more

Pottery will be on display and for sale at Trappe-toberfest



SCHOOL NEWS

The Easton Middle School PTO is hosting a **Holiday Craft Fair** on December 2nd from 10am to 4pm in the EMS Gymnasium. There will be <u>Great Gifts</u> for everyone, <u>Food</u>, <u>Face Painting</u>, and <u>Vendors</u> selling: ornaments, baked goods, painted glass, handbags & hats, children's toys, pottery, and much more. For more information, call the school at 410-822-2910.





The White Marsh Elementary GRANDPARENT'S CLUB will sponsor a Silent Auction and Raffle for Grandparents Day on November 17th. The club is currently gathering items for the auction and would greatly appreciate any and all donations. To make a donation, please call Nancy Collins at 410.228.7963. (Nancy and her husband Fred have also donated use of their condominium in Ocean City for the raffle prize!) On December 9th from 9:00-12:00 (Snow Date: Dec 16th), the Grandparent's Club will hold their annual Ornament Workshop for WMES Students in the cafeteria. Mrs. Betsy Willey, president of the club, extends an invitation to all grandparents and grandparent figures of students at White Marsh to attend the next meeting on November 14th at

10:00 a.m. in the school's conference room.

Scholastic Book Fair ~ Nov. 13 thru Nov. 17 ~ WMES Library A happening place for all of your reading needs: Award Winning Titles, Children's Classics, Software, Cookbooks, Arts & Crafts, Bestsellers and much more! Contact Kim Crowley at 410.476.5274 to volunteer or for more information.

SAVE THOSE LABELS & Box Tops: Whether or not you have a child attending WMES, you can support the school



Labels for Education

by saving Campbell's Labels for Education and General Mills Box Tops for Education. Simply clip & save and deliver them to the school to be redeemed by the school. Contact Renee Carvajal for more information at 410.463.8898 or reneary@yahoo.com.



Department

Bingo

CONGRATULATIONS Megan and Craig McCracken of Trappe announced the birth of a daughter, **Emma Nicole** McCracken, June 2, 2006 at Memorial Hospital at Easton. The mother is the former Megan Austin. Maternal grandparents are Larry and Jill Austin of Greenville NC. Paternal grandparents are Freddie and Dottie McCracken of Trappe.

Heather and Scott Moore of Trappe announced the birth of a daughter, **Ava Reneé Moore**, July 11, 2006 at the Memorial Hospital at Easton. The mother is the former Heather Milburn. Maternal grandparents are Robert Milburn of Easton and Shirl and Dave Ellingson of Elkton. Maternal great-grandparents are Mr. and Mrs. David Milburn of Easton and Dorothy Rupe of Mesa AZ. Paternal great-grandparents are Janet Moore and the late Pete Moore of Trappe. Paternal great-great-grandparents are Mr. and Mrs. Albert Hunger of Easton.

Summer and Jonathan Moore announced the birth of a daughter, **Emily Jean Moore**, July 24, 2006. Maternal grandparents are James Edward Molden of Sargent, TX and Roberta Joy Larimore of Cashmere WA. Paternal grandparents are Paul Edward Moore and the late Shelby Jean Moore of Trappe. Emily was welcomed home by her big sister and brother, Gracie and Paul.

TRAPPE VOLUNTEER FIRE CO NEWS

Miss Trappe, Ashley Baynard, was the first runner up in the Miss Talbot County Contest and Little Miss Trappe, Samantha-Brooke Lyons, was the first runner up in the Little Miss Talbot County Contest held on October 11th at the Queen Anne-Hillsboro Firehouse. Miss Trappe, Ashley Baynard, won Miss Maryland and placed 1st runner up in the Miss Delmarva Contest and Little Miss Trappe, Samantha-Brooke Lyons, won Little Miss Maryland and placed 2nd runner up in the Little Miss Delmarva Contest held on Sunday, October 15th in Parksley, VA.



Congratulations - your fire company and community are proud of you!

Longaberger Basket Raffle drawing December 16th, call 410 476-3882 and ask for Lou to get your tickets, \$1.00 each or 6 for \$5.00

Church News The Annual Thanksgiving Service, with participation from all four Trappe churches, will be held at Scotts U. Methodist Church this year. The service will be held Wednesday, November 23rd at 7:00 p.m. Rev. Cynthia Burkert from Trappe U. Methodist Church will preach.

Trappe U. Methodist Church will hold a Thanksgiving Prayer Vigil on Wednesday, November 22nd, from 7:00 a.m. until 6:00 p.m. During this time, the sanctuary will be open for prayer. If you are unable to come to the church, you may join the vigil by praying at home. You may also add a name to the TUMC prayer chain by calling 410.822.5098.

You're Invited . . . To Join the "Conversation" "Coffee & Conversation" at Trappe UMC Beginning Sunday, November 12 & every Sunday afterwards, Trappe UMC will host "Coffee & Conversation" from 9:45-10:45. While children are in Sunday School, parents are invited to stop by Wesley Hall (the fellowship hall behind the church) for coffee, tea, juice and a breakfast snack. Church members will be there to answer any questions you may have about the church, our children's ministries, or more "weighty" topics. ~ Also starting November 12, TUMC will begin "Family Sunday" in worship on second Sundays (11/12 and 12/10.) Worship at 11 a.m. will include special activities for children, and music by our "Family Sunday" in worship on second Sundays (11/12 and 12/10.) worship at 11 a.m. will include special include a Nursery in staffed with at least two volundaries choir and Sunday School. There will be a Nursery on 2nd Sunday for children under age 8. Nursery is staffed with at least two volundaries choir and Sunday School. There will be a Nursery on 2nd Sunday for children under age 8. Nursery is staffed with at least two volundaries choir and Sunday School. There will be a Nursery on 2nd Sunday for children under age 8. Nursery is staffed with at least two volundaries choir and Sunday School. There will be a Nursery on 2nd Sunday for children under age 8. Nursery is staffed with at least two volundaries choir and Sunday School. There will be a Nursery on 2nd Sunday for children under age 8. Nursery is staffed with at least two volundaries choir and Sunday School. There will be a Nursery on 2nd Sunday for children under age 8. Nursery is staffed with at least two volundaries choir and Sunday School. teers, over 18, who will be there to keep children safe and happy while parents worship. Worship on second Sundays is always followed by FELLOWSHIP The public is invited to an Interfaith Conversation with 3 distinguished scholars represent-LUNCH in the hall for the whole church community! ~ ing the Christian, Islamic, and Jewish faiths. Free admission.



For more information on any of these events, contact Pastor Cindy Burkert at 410.476.3884 or pastorcindy@trappefaithchapel.org.

Again this year, St. Paul's is leading a Diocesan-wide effort to provide shoeboxes with Christmas gifts for the students at Pineville Elementary School in Pass Christina, Mississippi. This year gifts will be given to the first grade. There are 38 first-graders (22 boys and 16 girls). In addition to the shoebox full of Christmas gifts, donors are asked to contribute \$5 per box toward the cost of shipping everything to Mississippi. Any surplus shipping costs will be donated to the school. Additional donations are also being accepted for those who wish to contribute to the school's activity fund. Please keep boxes as close to standard shoebox size as possible. First graders may not understand if some of them receive a small box while others get boxes designed to hold men's boots. It is also nice to achieve a mix of fun and practical items for the boxes--we don't want a situation where one child receives the hottest toys and another gets a box of underwear! It is great to be creative, but remember that we are trying to provide Christmas cheer to young children who are still recovering from a devastating experience. For further details and suggestions as to the types of items to include in the boxes, contact Mary Getsinger at 410.476.3035.



Our local Izaak Walton League has lovely Christmas and note cards for sale. All proceeds benefit the IWL Scholarship Fund. Please call Valorie Phelps (410-476-5780) or David Murphy (410-330-5403). Trying to think of different type of Christmas gift for a friend or family member? How about an expertly-made bird house? The majority of the bird houses are \$15 and all proceeds are contributed to our local chapter's operating funds. Please call Joe Logan at 410-822-2862 today to insure availability before the holidays.

Election Day Cake Makes 12 servings

In colonial days, election days meant sermons, parades, and feasting. One of the time-honored foods was a cake full of raisins and citron, the candied rind from a citrus fruit such as a lemon. In this updated version of the recipe, chocolate chips are substituted for the citron.

INGREDENTS

1 T vegetable shortening

½ cup milk

½ cup warm water 2 pkgs active dry yeast

1 ½ cup sifted whole wheat flour

2 cups sifted all-purpose flour

1 teaspoon salt

2 teaspoon cinnamon

½ teaspoon mace

½ teaspoon ground nutmeg

½ teaspoon ground cloves

½ cup margarine

3/4 cup sugar

3 large eggs, well beaten

1 c chopped dried fruit pieces

½ cup raisins

1/4 cup slivered almonds



- Grease 10-inch bundt pan with vegetable shortening. 1
- 2. In a small saucepan, heat the milk until it almost reaches a simmer. Stop when you see steam coming from the pan. Pour the milk into a large bowl.
- 3 Put the warm water into the measuring cup & sprinkle in the yeast. Do not stir. Let the yeast stand for about 5 minutes or until it gets foamy. Add yeast mixture to the milk.
- Add the whole wheat flour to the milk mixture & beat with wooden spoon until smooth. Cover bowl with damp cloth and let batter rise in a warm place for 1 hour until it is bubbly
- In medium bowl, combine all-purpose flour, salt, cinnamon, mace, nutmeg & cloves. Set aside.
- 6. In another large bowl, beat margarine & sugar together until fluffy. Add eggs & mix thoroughly.
- Stir in the milk mixture.
- Gradually add the dry ingredients, beating with the wooden spoon until smooth & well blended. The batter will 8. be thick.
- Stir in the dried fruit pieces, raisins, chocolate chips & almond slivers & mix well.
- Turn the mixture into the bundt pan. Cover loosely with damp towel or plastic wrap & let rise for about 2 hours in a warm place without any drafts. (The inside of the microwave can be a good spot.) The cake is ready to be baked when the dough almost reaches the top of the bundt pan. When dough is nearly ready, preheat oven to
- Bake for 50-55 minutes. Allow cake to cool for 20 minutes before removing from pan. Cool completely before 11. serving. Source: The United States Cookbook: Fabulous Foods and Fascinating Facts from All 50 States by Joan D'Amico and Karen Erich Drummond (John Wiley & Sons Inc, 2000).

NEW PLAYGROUND EQUIPMENT COMES TO OLD TRAPPE PARK

. . . it may even be installed by the time you read this! Be sure to keep watch on the Old Trappe Park as new playground equipment is installed by Talbot County. This is a fun, convenient place for our children to play, and now even more so!





Let's Say Thanks to Our Soldiers . . . If you go to this Web site, www.letssaythanks.com , you can pick out a thank you card and Xerox will print and send it to a soldier that is currently serving in Iraq. You can't pick out who gets it, but it will go to some member of the armed services.

Please send a card. It is FREE and only takes a few minutes.



Troop meetings are 1st and 3rd Thursdays of every month from 4:00-5:00 pm (after school) at White Marsh Elementary. Our Service Unit (Talbot County) will be collecting new or used coats, hats, mittens, gloves and scarves to donate to the Neighborhood Service Center. All sizes accepted (children, teens, adult). The drive starts now until November 17th. Please contact Barbara Coleman at 410.476.

or barbarajohn@verizon.net. Thank you!

MARK THE DATE: GIRL SCOUT COOKIE **SALES START JANUARY 6TH!!!!** MAKE ROOM IN THE FREEZER...



Talbot 4-H Shooting Sports Club Meeting Interested in the sport of shot gun shooting? Join

Talbot County 4-H members at the Talbot Rod and Gun Club, located on Chapel Rd. on November 21, 2006 at 5:00 p.m. for a shooting demonstration and to sign up for the Shooting Sports 4-H Club. Interested? Call Amanda Brown 410-822-1244

November 2006

No shade, no shine, no butterflies, no bees, No fruits, no flowers, no leaves, no birds - November!

Thomas Hood, "No!"

Sun	Mon	Tue	Wed [€]	Thu	Fri	Sat
to share? An anniversation? Submit news iten	n along with your water Town Office or to <i>Index</i> 0.476.3910, trappeindex	Bible Study Hosted By Drake & Elizabeth 1 pm Every Tuesday All are welcome!!	Trappe Town Council Public Hring 7 pm Meeting: 7:30 pm	2 WMES Off Site Fire Drill Brownies & Jr Girl Scouts WMES 4 pm	3	Trappe Volunteer Fire Dept CASH BINGO Starts at 7 PM TVFD Monthly Siren Test
5	WMES PTO 6:30 pm	Election Day Town Office Closed TCPS 90 min delay Mitchum's Market Wine Tasting 5 - 7 pm WMES Grandparents 10 am EHS 7 pm Band Boosters	Elions Club 6:30 pm United Meth Women 7 pm Republican Women 7pm	9 Trappe-toberfest After Event Mtg Town Hall 7 pm TCPS Closed Parent Conferences	10 WATERFOWL VETERAN'S DAY observed MARINE CORPS 231ST BIRTHDAY TCPS & Town Office Closed	Trappe UMC 7-10 am Country Church Breakfast / Sale TVFD CASH BINGO Starts at 7 PM VETERAN'S DAY
Emmanuel Wesleyan Sunday School 9:00 am Service 10:30 am Fellowship 5:15 pm Eve Service 6 pm	13 Book Fair Trappe Rural Life Museum Town Hall 7 pm Support Our Sports Meeting EHS 7 pm	14 WMES Book Fair Daisy Troop Mtg WMES 6:30 PM TVFD Meeting 7:30 pm	15 Book Fair Trappe Planning Commission 7:30 pm TCPS Brd Mtg 7 pm EHS Cafeteria	WMES Book Fair Meet the Author Brownies & Jr Girl Scouts WMES 4 pm TUMC—No Choir	17 WMES Book Fair & Grandparents Day 9:15 - 2:50 pm Girl Scout Coat Drive	TVFD CASH BINGO Starts at 7 PM TUMC 4th Saturday Youth Group 7 PM
Scott's UMC Sunday Service 9 am St Paul's Holy Eucharist 9 am Sunday School 9 am Trappe UMC Sunday School 9:45 am Service 11 am	20	21	22 TUMC 7am - 6 pm Prayer Vigil Lions Club 6:30 pm Community Worship SUMC 7 pm Talbot County Sch	Happy	ce Closed 23rd & 24th	Trappe UMC 7-10 am Country Church Breakfast / Sale TVFD CASH BINGO Starts at 7 PM
Faith Chapel Service 8:45 am	27 SUMC Advent Bible	28 Daisy Troop Mtg WMES 6:30 PM	Trappe Index SUBMISSION DEADLINE Nov 21, 2006		Local Church/Bible St Wednesday - 7 pm Unite Paul's Preschool 8:45 -	ed Methodist Women

Trappeindex@verizon.net

or 410-476-3910

November is Diabetes Education Month



Are you or a loved one struggling with diabetes? Do you cook or shop for someone who has diabe-Healthy Culinary Connections is offering a two-part educational series:

Part 1: Monday, November 6, 6:30-8:30 PM *Assess your risk factors *Information about blood sugar testing *Carbohvdrate Counting and how food affects Taught by Karen blood sugar

Hollis RD, CDE, LDN Nutrition Consultant and Certified Diabetes Educator, and Wynne Aroom RNC, CDE Diabetes Nurse Clinician, Shore Health System

Study Begins

Part 2: Thursday, November 9, 6:30-8:30 PM Mitchum's Market Chef Mike will display his culinary flair while preparing an entrée from the Healthy Calendar Diabetic Cooking cookbook in our kitchen. Healthy Culinary Connections dietitians on hand to review how the entrée fits into your individual meal plan!

> Fee for the entire series: \$75.00 per person Class size is limited to 10!

Healthy Calendar Diabetic Cooking cookbooks will be on sale after each class. Healthy Culinary Connections is located at 4014 Main Street, across from Mitchum's Market. Call to reserve your seat in class! 410-476-9776



IN A PINCH! DINNERS

Talbot County's first dinner assembly business is back! Let us help you navigate the dinner hour! Located at 4014 Main Street, Trappe, in Healthy **Culinary Connections**

We provide you with all of the fresh, raw ingredients for the following entrees. You make it and take it! All of our entrees comply with American Heart Association guidelines for sodium and fat. Menus change monthly. Five entrees that serve 4-6 cost \$98, plus tax. Five entrees that serve 2-4

cost \$58, plus tax. Preparation instructions for all entrees and nutritional analyses are provided. Call for dates and to make a reservation

For an additional fee, we can make it for you and deliver it to your freezer. Call us for more assembly dates or for more information: 410-476-9776.

Trappe United Methodist Church

Bible Study - call 410-476-3384 for dates/times/topics Wednesday: Yard Sale Open 8:30 am - Noon Thursday: 1st, 2nd, 4th & 5th 5:45 pm Youth Choir & 7 pm Adult Choir practice

Scotts United Methodist Church

Food Pantry 3 - 6 pm on school days Tuesday 1st & 2nd: Men's Bible Study 6 pm Wednesdays 11 am Young @ Heart Wednesdays 2 pm Midday Study Wednesdays 7 pm Evening Study Thursday 5:30 pm Youth Praise Dept.

America Recycles Day is NOVEMBER 15, 2006.



Our attitudes and actions can make a world of difference. Let's each do our part—because almost everything can be recycled, except the planet. (www.americarecylesday.org)

DROP IN BASKETBALL INSTRUCTION & PLAYING TIME Leaders: Daryl Fountain, Dennis Hardy, Brian Potter WHITE MARSH ELEMENTARY SCHOOL MONDAY THRU THURSDAY EVENINGS 6:30 PM UNTIL 9:30 PM 6 pm: Youth ~ 7 pm: Teens ~ 8 pm Adults \$1 DONATION PER PERSON PER EVENING FOR MORE INFORMATION, PLEASE CALL WMES 410.476.3144